The Bold Impasto Technique of Van Gogh

List of Supplies:

-Paints (oil or acrylic):

- Titanium White
- Cerulean Blue
- Ultramarine Blue
- Cadmium Yellow Light Hue (or Lemon Yellow)
- Cadmium Orange Hue
- Alizarin Crimson Permanent
- Paynes Grey
- Van Dyke Brown (Burnt, Red or Raw Umber works as well)

-8”x10” or similar small size canvas panel for the first day

-Small to medium size filbert and flat brushes (hog or synthetic bristles- the stiffer, more distressed the better to maximize texture)

-Disposable Palette Paper Pad (or your preferred palette version)

-Paper towel

-For oil painters: Gamsol and Cold Wax Medium

-For acrylic painters:

- Clear Modeling Paste (or Matte or Semi Gloss Gel Medium)
- Water container and optional spray bottle